

## **INSTRUCTIONS TO FOLLOW BEFORE SEDATION**

### **INSTRUCTIONS BEFORE SEDATION**

Your child will be sedated at the next visit. Oral medications will be given 20 minutes before treatment begins. After we give your child the medicine, he/she may become drowsy, but not asleep. You must remain in the office once the sedation has been given.

All young children who have been sedated will be wrapped in a Papoose Board for their protection, because they feel secure and will relax more easily. Additional Nitrous Oxide may be used as needed to relax most children. However, oral sedation is not always predictable. If your child is not adequately sedated by these oral sedatives, we may stop the treatment and discuss with parent about the alternative use of IV Sedation at the next appointment. Our goal is to give your child the best care and attention. Only a calm child allows us to do this.

During the entire Oral Sedation procedure, a sophisticated monitoring device called a Pulse Oximeter will be used to monitor your child. It measures the amount of oxygen in the blood. Do not dress your child in tights and please remove any colorful fingernail polish, as we must attach the monitor to the skin and fingernail. Blood pressure monitoring and precordial stethoscope breathing monitoring also will be used during the entire procedure to keep your child as safe as possible. The sedation will be most effective if your child has a good night sleep before the appointment. Have your child sleep earlier the night before sedation appointment.

### **FINANCES**

A \$100 deposit is required in order to reserve the time for an oral sedation. Oral sedation appointments are booked far in advance. This deposit is NON-REFUNDABLE if the appointment is not canceled 48 hours in advance.

### **EATING AND DRINKING**

For oral sedation, it is extremely important that patients have an empty stomach. For this reason, children should not have any food or drink for six (6) hours before the scheduled appointment. This includes water, juice and milk. Make sure child is well hydrated up to bedtime. The last meal before bedtime should be light – NO fried foods, fast foods and meat should be avoided.

### **CLOTHING**

Short sleeves, loose fitting pants and comfortable shoes are advised. For some children, it is suggested to bring a change of clothing and blanket.

### **CHANGE IN HEALTH**

Any change in health, especially the development of a cold, flu, cough or fever within 3 days of appointment is extremely important information for oral sedation procedures. Please notify our office if there is any change in your child's health, we will reschedule the appointment for you. Parent Initial\_\_\_\_\_